

Lori Green's Mask with a Filter Pocket from a Single Piece of Fabric

Materials

Fabric: (one) 8"x14 1/2"

Elastic: (two) 6.5" – I prefer 6" for smaller people

Instructions

Turn under 1/4" the short sides of the fabric, press and stitch.



With wrong side up. Fold in one short side 3 1/2" and press to crease wrong sides together. Fold the other short side 2" and press to crease wrong sides together.



Open. With right side up.

The area between the two creases will be pleated. Fold three approximately 1" pleats toward the 3 1/2" side.



Press pleats well. Pin or clip to hold in place.

Pin elastics at each corner of the central section (adjacent to the creases toward the center).



Fold in the ends with right sides together (begin with the 2 " side), sandwiching the pins and stitch the sides, backstitch at the elastics.



Turn the mask right side out. Optional - Top stitch the sides to reinforce.

Insert the nose wire and stitch into place. The mask is complete.

